

What can you do to make life better for a disabled person, or a nursing home resident?

TRUSTS

Here are ways you can improve quality of life, using money you save in a **Supplemental Needs Trust** for a Disabled Person, or for a Nursing Home Resident who is covered by [Medicaid](#)

- **Supplemental Care:**

- medical procedures, even though not medically necessary or lifesaving
- massage /acupuncture
- podiatry services
- rehab & OT insurance won't cover
- supplemental nursing care
- health aides and companions to:
 - ✓ ease the strain of memory loss
 - ✓ prevent isolation
 - ✓ redirect erratic behavior
 - ✓ provide an alternative to behavior modification drugs and physical restraints that might otherwise become necessary
- supplemental dietary needs

- **Professional and Social Services**

- companion services (see above)
- counseling
- legal services to update will, power of attorney, health care proxy, assist family-member to become guardian or conservator, prepare accountings, reports, application or appeals of eligibility problems with Medicaid or SSI
- music therapy
- private case management, geriatric care manager
- professional guardian or conservator

- **Medical Equipment** that is not covered, or limited by insurance to poor quality brands or designs

- eyeglasses
- hearing evaluation and/or aids

- **Room Environment Enhancements**

- flowers
- furniture
- pictures
- plants

- **Hobbies and Other Activities**

- computer, TV, electronic equipment
- cultural experiences
- entertainment
- movies; telephone, cable service and equipment
- reading and educational materials
- training and education programs
- vacations, travel

- **Social Events**

- birthday parties

- **Insurance Premiums, Co-Pays**

- **Personal Items And Care**

- bedding
- clothing
- laundry services
- hair care
- particular brands of geriatric supplies and similar items.

- **In Some Cases: Automobile Or Wheelchair Van** (usually through nominee trust).

- maintenance
- insurance

- **Funeral Arrangements That Have Not Been Set Up Or Finalized.**

There is comfort in knowing that funds are available for life enhancing activities, and personal needs. If you would like this peace of mind, call for an appointment.

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